

Trekking Type :	Home Stay
Trekking Grade :	Medium-Hard
Trekking Duration :	13 Days
People In Group :	1+
Trekking Price :	\$.0
Max. Elevation :	0 mt.



One of the nearest trekking destinations from Kathmandu lies an unparalleled combination of natural beauty and cultural riches of Langtang Rasuwa. Linked by roads, this region offers a life unfolding and unique experience. Previously a restricted area near the Tibetan border, the unexplored regions of the Langtang National Park has recently been developed into the [Tamang Heritage Trail](#)

. The people in these places are mostly Tamang and Tibetan origin, whose culture goes back to hundreds of years. The craftsmanship, dress, traditionally built stone houses and the beautifully carved wooden porches reflect the solitude and the serenity of the Himalayan scenery.

### **Langtang,Ganja-la pass :Tamang Heritage trekking...Hiking amidst spectacular nature in its most natural form...**

Langtang area is geographically based towards the north of Kathmandu Valley. The scenery here is spectacular, and the trek more exploratory as the area is visited by fewer tourists. To the west of Langtang is Ganesh Himal with a range of 6000 to 7000 meters. The Gosainkund and Helambu region lies to its south; these can be combined with Langtang to make treks from 7 to 21 days. This region is inhabited by the Tamang and Sherpa communities whose religious practices, language and dress are much more similar to those of Tibet than to the traditions of their cousins in the middle hills.

The Langtang trekking actually starts from Dhunche or Syabru which is seven to ten hours by a bus/jeep ride through lush green scenery from Kathmandu. Just a couple of days walking find you amongst beautiful snow peaks of the Ganesh and Langtang ranges. Following the Langtang Khola (river) will take you to the settlement of Kyanjin Gumpa at 3900m. This is the furthest place to find lodges up the valley. The Langtang Valley was designated the first National Park of Nepal in 1971. Beautiful landscapes and pretty villages make this a relatively easy and therefore popular trekking destination in Nepal. After retracing our steps to the village of Syabru we cross the Laurabina La, a pass at 4610m, into the Helambu district. The crossing of the pass in a freezing wind and thin air is nothing compared to the descent in waist deep sluggish snow and losing your way on the Helambu side; which tends to happen in the winters; but trekking in this wonderful region can be deemed as some of the best in Nepal.

Encounters Nepal will escort you to some of the most awesome spots in this region for views of some of the most stunning landscapes in the world.

### **Itinerary List**

- Day 01** : Drive from Kathmandu to Syabru besi
- Day 02** : Syabru besi trek to Gatlang
- Day 03** : Gatlang trek to Tatopani
- Day 04** : Tatopani trek to Thuman
- Day 05** : Thuman trek to Briddim
- Day 06** : Briddim trek to Lamahotel
- Day 07** : Lamahotel trek to Langtang
- Day 08** : Langtang trek to Kanjin
- Day 09** : Kanjin rest day hike to Tsherko ri
- Day 10** : Kanjin trek to Lama Hotel
- Day 11** : Lama Hotel trek to Thulosyabru
- Day 12** : Thulosyabru trek to Dhunche
- Day 13** : Dhunche drive to Kathmandu

### **Note**

13 Days Tamang Heritage Trek Itinerary we are proposing you is only on outline. You could use it to best fitness and interest when practically you are in the field our guide are very comfortable, flexible and understanding to make your trip with full of pleasure.