

Trekking Type : Camping  
Trekking Grade : Hard  
Trekking Duration : 19 Days  
People In Group : 2+  
Trekking Price : \$.0  
Max. Elevation : 5135 mt.



**[Manaslu Circuit trekking](#) High-lights:** “In the virgin rain-alpine forest, on the **off-beaten** trail, constant views of the majestic snow peaks, **high pass of Larkay-la**, traditional villages and Buddhist culture, warm friendly locals with exceptionally views of the great surrounding **landscapes** and high mountain range, an inspiring journey amidst the snow capped peaks and alpine forest.”

### **[Manaslu Circuit Trekking](#)**

**19 days**

begins from the famed ancient Gorkha Kingdom in the mid-west of Nepal. The trek follows upstream of the

### **Buri-Gandaki**

river from the sub-tropical forest to the dry Tibetan zone, offering outstanding views of

### **[Mt.Manaslu 8156m](#)**

the eighth

### **highest peak**

in the world along with the panorama of the surrounding magnificent peaks that straddle the border with Tibet.

### **The trek continues over the highest point of our journey at Larky la**

.From the top of the pass, it is almost down-hill through the serene alpine forests and meadows till we come to the main trail of the Annapurna circuit, after being on the main track for a few days our journey continues towards Pokhara via another secret route seldom used by

### **trekkers**

offering stunning views of the Manaslu and Annapurna range including the magnificent majestic Mt.Machhapuchare (Fish Tail) with the traditional mid hills villages.

### **Gorkha**

, a hill bazaar and the ancestral home of the Shah dynasty which ruled Nepal to this day. It is from here that

### **King Prithvi Narayan Shahstarted**

his conquest of the country's various tiny kingdoms and unified them into a single nation, Nepal. Perched one thousand feet above Gorkha Bazaar, the palace dominates the surroundings and is visible from all around the area. The palace also boasts beautiful

### **architecture**

. Al though only Hindus are allowed to enter the palace premises, it is worthwhile walking up the stairs for the view.

### **[Manaslu Circuit Trekking](#)**

- **Restricted Area trekking...**

***when the earth kisses the sky...***

**If you are wishing to get well off the beaten track you may wish to consider a journey to some of the fascinating restricted regions of Nepal.**

These regions remain pristine wilderness & ecological cultural museums where life has changed very little. An intimate experience of the differing ways people arrange their lives in order to cope with their often harsh physical conditions on some of the toughest terrain on earth. A journey full of questions and contrast awaits everyone who visits this side of Nepal.

Some of the remote areas of Nepal were restricted for foreign visitors until 1991. After multiparty democracy in Nepal, rules have been changed together with new democratic constitution regulations and opened for visiting the most inaccessible and firmly controlled areas in Nepal. The regulation is designed primarily to protect the environment and cultural aspects of the remote regions and provide security and safety for both foreign trekkers and Nepal's northern borders with China.

**The treks must be fully arranged through a registered Trekking Company. It has to be fully equipped with tents, all Support staffs, cooks, etc. The trekking agency arranges the trekking permit through a series of applications and guarantee letters. You cannot trek alone in these restricted areas. You should be at least 2 people in the group.**

***Encounters Nepal* has a decade of experience in operating in restricted zones & we will arrange all your trek formalities & logistics for some of the most challenging & thrilling adventures in the great outback of Nepal.**

### **Itinerary List**

**Day 1** : Kathmandu to Gorkha (1150m) (141 km/ 5-6 hours): Drive by bus/car

**Day 2** : Gorkha to Khanchowk (1000m): Trek.

**Day 3** : Khanchowk to Aarughat (530m): Trek.

**Day 4** : Aarughat to Soti Khola: Trek.

**Day 5** : Soti Khola to Machha Khola: Trek.

**Day 6** : Machha Khola to Nero: Trek.

**Day 7** : Nero to Filim (1590m): Trek.

**Day 8** : Filim to Umbale: Trek.

**Day 9** : Umbale to Namru (2630): Trek.

**Day 10** : Namru to Sama Gompa (3500m): Trek.

**Day 11** : Rest day at Sama Gompa: Excursion to Manaslu Base Camp and Sama Gaon (Village) /acclimatization.

**Day 12** : Sama Gompa to Pungen Glacier: Trek.

**Day 13** : Pungen Glacier to Larkya~La base camp: Trek.

**Day 14** : Larkya~La base camp to Larkya~La (5135m) cross and to Bhimtang: Trek.

**Day 15** : Bhimtang to Tilje: Trek.

**Day 16** : Tilje to Tal: Trek.

**Day 17** : Tal to Bahundanda: Trek.

**Day 18** : Bahundanda to Besi-Sahar: Trek.

**Day 19** : Besi-Sahar to Kathmandu (175 km/ 7-8 hours): Drive by bus/car.

### **Note**

The 19 Days Manaslu Circuit Trekking Itinerary we propose to you is only on outline. It is entirely based on your interest & as per your wishes; however, when you are in the field our itinerary is implemented practically by our guides who are very comfortable, flexible and understanding if any minor changes are required by you; but this is only done after consulting the tour leader & the group. Our itinerary is purely based on making your trip enjoyable with full of pleasure to give you maximum benefits in the course of your holidays. Encounters Nepal has a decade of experience in operating in restricted zones & we will arrange all your trek formalities & logistics for some of the most challenging & thrilling adventures in the great outback of Nepal.