

Trekking Type :	Camping
Trekking Grade :	Medium-Hard
Trekking Duration :	13 Days
People In Group :	2+
Trekking Price :	\$.0
Max. Elevation :	4000 mt.



Jugal Himal is best known by the name "**chain of peaks**" situated to the northeast of Kathmandu including Dorje Lakpa (6966m), Madiya (6257m) and Phurbi Chhyachu (6637m) signifies a genuine [adventure](#) to the base of Jugal Himal. The trail follows a ridge to

Bhairav Kund

, a holy lake at 3500 meters. We then make a circuit around the head of the Balephi Khola Valley to

[Panch Pokhari](#)

(

"five lakes"

) at 3600 meters, a seldom-visited pilgrimage site. The

[trek](#)

offers a lot of climbing on narrow trails. Only a few villages can be seen without any hotels.

Besides, there is the scarcity of water on the ridge. Finally, the trek leads to Helambu region to end at Melamchi Bazaar.

Itinerary List

Day 1 : Kathmandu to Chautara (1410m) and Syaule: Drive by bus/jeep, trek to Syaule.

Day 2 : Syaule to Kamikharka Danda: Trek.

Day 3 : Kamikharka Danda to Chyocho Danda: Trek.

Day 4 : Chyocho Danda to Hile Bhanjyang: Trek.

Day 5 : Rest day at Hile Bhanjyang: Acclimatization.

Day 6 : Hile Bhanjyang to Nasem Pati: Trek.

Day 7 : Nasem Pati to Panch Pokhari: Trek.

Day 8 : Panch Pokhari to Gai Kharka: Trek.

Day 9 : Gai Kharka to Yarsa: Trek.

Day 10 : Yarsa to Laghang Gompa: Trek.

Day 11 : Laghang Gompa to Tarkeghyang: Trek.

Day 12 : Tarkeghyang to Shermathang: Trek.

Day 13 : Shermathang to Melamchi Bazaar: Trek, drive by bus/jeep to Kathmandu.

Note

13 Days Panch Pokhari (Five Lakes) Trekking Itinerary we are proposing you is only on outline. You could use it to best fitness and interest when practically you are in the field our guide are very comfortable, flexible and understanding to make your trip with full of pleasure.