

Trekking Type : TeaHouse/Camping
Trekking Grade : Medium-Hard
Trekking Duration : 9 Days
People In Group : 1+
Trekking Price : \$.0
Max. Elevation : 3860 mt.



Trekking highlights:

Sherpa hometown, monasteries, **amazing** views of [Mt. Everest](#) , Lhotse, Tharmserku, Amadablam, scenic Mt. flight to/from Lukla.

[Everest Panoram Trekking](#) is more famous because of the friendly **Sherpa** people, colorful festivals and the Buddhist monasteries. This

[trek](#)

is recommended to the trekkers who have only a limited time. Trekkers will enjoy this trek as a pilgrimage to

Tengboche monastery

. The region is regarded as

Khumbu

and has been bounded in the Sagarmatha National Park, the world heritage site. Sagarmatha is the Nepalese name of

Mt. Everest

, the top of the tops. Sherpas, the famous climbers are the dwellers of Khumbu region. The flora and fauna are other jewels of the

[Sagarmatha National Park](#)

, and the story of the Yeti is still a mystery to the rest of the world.

Treks in the Everest Region:

Trekking through high alpine country in the Everest Region... where adventure becomes a literal delight for the brave & the bold... on trails that lead up to the highest peak in the world, Mt. Everest...

After the conquering of the highest mountain peak in the world, Mt. Everest, by Sir Edmund Hillary and Tenzing Sherpa, the Everest region has become an unfathomable fascination for all people making it one of the most popular trekking regions to be known in Nepal.

The Everest or the Upper Khumbu region has within its grasp the highest wildlife reserve in the world, the Sagarmatha National Park. This park has been listed as a World Heritage Site in 1979 by UNESCO for its distinctive natural and cultural uniqueness.

Trekking to the Everest region takes you on charismatic trails where you can expand the hidden splendors of the Everest region, from the rhododendron forests to the pine forests, from the snow fed rivers to spectacular glaciers, from the lucid lakes to high passes and from the vivacious Sherpa villages to the charming Buddhist monasteries. Trekking this region not only gives you the opportunity to get a close view of the world's highest mountain peak, the Everest, but also offers you splendid sights of other peaks such as Lhotse, Nuptse, Ama Dablam, Thamserku, Tawache and many other unnamed peaks.

Trekking in the 'Khumbu' can be a very special and unique experience only beheld by the trekker who ceaselessly seeks for the challenge that comes with adventure. **Join an *Encounters Nepal* adventure group and experience some of the most beautiful trails in the world; hike through rhododendron forests laced with junipers, enter into serene monasteries hidden in the laps of the mighty Himalaya & walk across shimmering glaciers above the**

tree-line; its all wilderness country...it's a holiday you will never ever forget for a lifetime.

Itinerary List

Day 1 : Kathmandu to Lukla (2840m) and Phakding (2610m): Fly to Lukla (35 minutes), trek.

Day 2 : Phakding to Namche Bazaar: Trek.

Day 3 : Rest day at Namche Bazaar: Acclimatization.

Day 4 : Namche Bazaar to Thame (3820m): Trek.

Day 5 : Thame to Khumjung (3790m): Trek.

Day 6 : Khumjung to Tengboche (3860m): Trek.

Day 7 : Tengboche to Namche Bazaar: Trek.

Day 8 : Namche Bazaar to Lukla: Trek.

Day 9 : Lukla to Kathmandu: Fly to Kathmandu (35 minutes).

Note

9 Days Everest Panorama Trekking Itinerary we are proposing you is only on outline. You could use it to best fitness and interest when practically you are in the field our guide are very comfortable, flexible and understanding to make your trip with full of pleasure.