Trekking Type :	TeaHouse/Camping
Trekking Grade :	Medium-Hard
Trekking Duration :	20 Days
People In Group :	1+
Trekking Price :	$.1750
Max. Elevation :	5545 mt.

The **hair-raising** flight from Kathmandu will take you to the mountain airstrip at Lukla where the trek begins. A full day is spent in Namche Bazaar to acclimatize before heading off to the north towards the **Gokyo Lakes**. A scramble ascent nearby Gokyo Ri (5483m.) gives closer view of the world 6th highest peak, Mt. Cho Oyu (8201m.). A high altitude trekking option is available here, crossing Chola (Chhugyuma) at 5420m, a high pass into Khumbu region.

From Lobuche, an ascent will take you to the **Rocky outcrop** of Kalapaththar (5545m.) to look down on the base camp of the **world's highest peak**. You will pass through many Sherpa villages and fabulous mountain scenery during the whole trek.

Itinerary List

Day 1 : Kathmandu to Lukla (2840m) and Phakding (2610m): Fly to Lukla (35 minutes), trek.

Day 2 : Phakding to Namche Bazaar (3440m): Trek.

Day 3 : Rest day at Namche Bazaar: Acclimatization.

Day 4 : Namche Bazaar to Thame (3800m): Trek.

Day 5 : Thame to Khumjung (3750m): Trek.

Day 6 : Khumjung to Dole (4200m): Trek.

Day 7 : Dole to Machhermo (4470m): Trek.

Day 8 : Machhermo to Gokyo (4790m): Trek.

Day 9 : Rest day at Gokyo: Climb at Gokyo ~Ri.

Day 10 : Gokyo to Thangna (4950m): Trek.

Day 11 : Thangna to Chola Pass to Dzonglha (5420m): Trek.

Day 12 : Dzonglha to Lobuche (4910m): Trek.

Day 13 : Lobuche to EBC (5360m) to Gorakshep (5160m): Trek.

Day 14 : Gorakshep to Kalapaththar (5545m) to Lobuche (4910m): Trek.

Day 15 : Lobuche to Dingboche (4410m): Trek.

Day 16 : Dingboche to Chhukung to Dingboche (4570m): Trek.
Day 17 : Dingboche to Tengboche (3860m): Trek.
Day 18 : Tengboche to Namche Bazaar: Trek.
Day 19 : Namche Bazaar to Lukla: Trek.
Day 20 : Lukla to Kathmandu: Fly to Kathmandu (35 minutes).

Note

20 Days Gokyo Valley Chola Pass Trekking Itinerary we are proposing you is only on outline. You could use it to best fitness and interest when practically you are in the field our guide are very comfortable, flexible and understanding to make your trip with full of pleasure.