



Tibet Tours

Nepal is a natural gateway to Tibet and many visitors to Nepal take the opportunity to see a snapshot while they are out this way. Regarded by many to be one of the most beautiful places in the world, a visit is also considered to be a trip of a lifetime.

We offer a nine-day trip to see this most wonderful country that has only recently received foreign visitors. This is your chance to see Potala Palace, Sera and Drepung Monastery, Jokhang Temple and Barkhor Bazaar.

Depending on how long you have to spend in Tibet, there are a number of packages on offer, but as always, we can organize a trip to suit your needs.



Everest Base Camp With Lhasa (Fly in / Drive out or Vice Versa)	10 days
Lhasa-The Central Tibet Tour (Fly In / Fly Out)	5 days
Lhasa-The Holy City Tour (Fly In / Fly Out)	4 days
Mt. Kailash / Manasarovar / Lhasa (Drive In / Fly Out Or Vice Versa)	22 days
Overland Adventure Tour To Tibet (Drive In / Fly Out Or Vice Versa)	8 days
Shangri-La Tour To Tibet (Fly In / Fly Out)	8 days
Special Tour / Trek To Mt. Kailash (Full Board Basis)	15 days

About Us

EncountersNepal.com comprises a team of experienced professionals who have worked for a range of trekking agencies over the last 12 years. We have launched our own agency so that we can deliver our own exceptional standard of service that has become diluted in the explosion of trekking agencies available in Kathmandu alone. We pride ourselves in our attention to detail. Unlike many other agencies we insure our guides, porters and Sherpas and pay them well.

Charity

Committed to the principles of eco-tourism, we provide you with drinking water on all treks and allocate at least 5% of our profits to local charities ensuring that your impact on the environment is minimised and you contribute directly to the development of communities who might otherwise not have benefited from your visit.

What our customers say about us...

Amazing trekking.....

Amazing trekking even if it was during the rainee season, we could easily see the mountains.

The Jomsom-Kagbeni part is compulsory! No bad surprises, no extra fees...The guide was very kind and guest houses are very clean and comfortable.

This agency is a special one!

The team is very kind and competent. Prices are not so expensive. Thanks to the Encounters Nepal crew for this amazing week especially Kris and the unforgettable Milan.



Rodolphe Ratzel, Paris, France.

Mount Kailash and Lake Manasarovar, just fabulous!

Our trip to Mount Kailash and Manasarovar was awesome. We enjoyed it very much. We went together with 8 other people from many different nationalities and had two excellent weeks. The scenery of this remote part of Tibet is very beautiful. It is very special to join to Tibetans on the three day kora around the holiest mountain of Asia. You can feel how important this journey is for them. The landscape here is stunning and passing the Dolma La pas is great. Here the Tibetans say their mantras, pray and hang their prayer flags at an altitude of more than 5600 metres. After completing the kora we went to Tarboche to join the celebration of the Sagadawa festival and then onwards to the huge Lake Manasarovar, where the scenery is also amazing. Of course we joined the Indian pilgrims while taking a holy dip into the ice cold water. Besides the wonderful landscape and the friendly and happy Tibetans also the Nepali staff made sure that we had a trip we'll never forget. Their service was superb. Given the circumstances just five star and that with a lot of friendliness, a lot of humor and a big smile.



Arno van de Graaf & Susanne Hoorn, Amsterdam, The Netherlands.

For more information and to make a booking, please contact us at:

Address: 1st Floor, House No.: 505,
Thamel Marg, Thamel, Kathmandu, Nepal
GPO Box: 21952

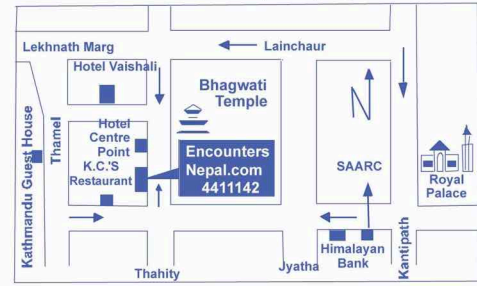
Telephone: +977 1 4411 142, 4411 338

Fax: +977 1 4411 338

E-mail: info@encountersnepal.com, enepal@wlink.com.np

Or find us at www.encountersnepal.com

We look forward to speaking to you.



Feel the thrill of the Himalayas with a team of highly experienced trekking professionals



GPO Box: 21952, Thamel Marg,
Thamel, Kathmandu, Nepal

Phone: 977-1-4411142, 4411338

Fax: 977-1-4411338

E-mail: info@encountersnepal.com,
enepal@wlink.com.np

Web: www.encountersnepal.com

Trekking, Mountaineering, Excursions, Jungle Safaris, White Water Rafting, Mountain Flight, Special Interest Tours, Organised Trips to Tibet, Bhutan, Sikkim and Northern India plus much more.

Namaste

If you've a thirst for adventure, an interest in heritage and culture and an appetite for once in a lifetime experiences we'll give you the best Nepal has to offer.



Nepal has the highest peaks, the best trekking and the most exciting white water rafting on Earth. It has got some breathtaking wildlife too. Visit any one of Nepal's 16 National Parks and you'll be rewarded with some rare sights indeed. Where else in the world will you get to see the Royal Bengal Tiger or the One-Horned Rhino?

If you simply need some help discovering the richness of Kathmandu often missed by her visitors and her neighbouring attractions, or if you fancy a trip to Bhutan, Tibet or India, we have a range of exciting packages that can be tailored to your budget and schedule.

This leaflet serves to whet your appetite and features a snippet of what we have to offer; we simply can't fit everything in this space! If you can't find what you are looking for, either visit our website, contact us or if you've already arrived in Kathmandu; pop in, we'll be pleased to see you.

Trekking

Nepal has more than 20 walking trails to choose from. Each has something unique to offer. From one extreme to another - if you are looking for a challenge, why not try Everest Base Camp, or if you're after more of a gentle introduction to trekking and the chance to see some

Route	Level of difficulty	Max. Altitude	Best season	Lodges	Length/duration
Everest Base Camp	Medium-hard	5545 m	Sep-Dec Feb-May	Very good	14 days
Jiri-Everest Base Camp	Medium-hard	5545 m	Sep-Dec Feb-May	Mostly good	21 days
Everest Panorama	Medium	3870 m	Sep-Dec Feb-May	Excellent	9 days
Gokyo-EBC	Medium-hard	5350 m	Sep-Dec Feb-May	Very good	20 days
Poonhill	Easy-medium	3210 m	Sep-May	Very good	7 days
Annapurna Panorama	Easy-medium	3210 m	Sep-May	Very good	10 days
Annapurna Sanctuary	Medium	4095 m	Sep-Dec Feb-May	Good	15 days
Jomsom-Muktinath	Medium	3800 m	Sep-May	Very good	12 days

Annapurna Circuit	Medium-hard	5416 m	Sep-Dec Mar-May	Mostly good	22 days
Dhaulagiri Circuit	Medium-hard	5300 m	Sep-Dec Mar-May	Basic /Camping	21 days
Langtang- Helambu	Medium	3870 m	Sep-May	Good	14 days
Gosainkunda Pass	Medium-hard	4609 m	Sep-Dec, Mar-May	Mostly good	7 days
Langtang-Ganja~la	Medium-hard	5200 m	Sep-Nov, Mar-May	Camping	14 days
Helambu Circuit	Easy-medium	3690 m	Sep-May	Good	7 days
Shivapuri-Nagarkot	Easy-medium	3210 m	Sep-May	Very good	3 days
Ganesh Himal	Medium-hard	5000 m	Sep-Dec, Mar-May	Basic /Camping	19 days
Kanchenjunga	Medium-hard	5140 m	Sep-Nov Mar-May	Basic /Camping	24 days
Makalu Base Camp	Medium-hard	5000 m	Sep-Nov Mar-May	Basic /Camping	20 days
Rara Lake	Medium	3710 m	Sep-Nov Mar-May	Camping	13 days
Lower Dolpo	Medium-hard	5190 m	Sep-Nov Mar-May	Camping	20 days
Upper Dolpo	Medium-hard	5400 m	Sep-Nov Mar-May	Camping	22 days
Upper Mustang	Medium-hard	4320 m	Sep-Nov Mar-May	Basic /Camping	15 days
Round Manaslu	Medium-hard	5100 m	Sep-Nov Mar-May	Basic /Camping	19 days
Humla to Mt. Kailash	Medium-hard	5630 m	Sep-Nov Mar-May	Camping	27 days

The table above will help you to choose the most suitable route for you to follow. Our guides have expert knowledge about each, so if you need more information, we'll be pleased to answer any of your questions.

Basically, the trekking experience is categorised into a 'teahouse trek' or 'fully-organised' camping trek. Villages are dotted along the route of more popular treks and you'll be staying in teahouses (basic, but comfortable lodges) if you choose a 'teahouse trek'. If you'd rather be more self-sufficient, 'camping treks' might be your preferred choice.

Guides and porters are a crucial element of both types of treks. The assistance of Sherpas may occasionally be sought for some types of camping treks depending on the amount of camping gear, food and weight of personal belongings attributed to the group, as all of these items will be carried for you.

Rates are available for individuals and groups of you to 20 people.



Mountaineering

The Himalayas are infamous. Each year thousands of mountaineers visit Nepal and take on the challenge of scaling one of her many peaks.

Whether you've just started out and want to test your skills or you're part of a professional mountaineering team, we can cater for your requirements and ensure you have everything you need to reach new heights.



Rafting

Rafting is one of the best ways to explore Nepal's untouched beauty and one of the few legal ways you can get the ultimate rush! There are 5 different rafting experiences for you to choose from.

On a one-day expedition you can expect to spend between 3½ - 4 hours on the Trisuli River (graded 3). A two-day expedition carries on from a one day and allows you more time on the water with a night camping by the river.

If these packages don't offer you enough action, a third day can be tagged onto these two and you'll get to see far a wealth of different scenery and wildlife on 6 other rivers for a further 4 more hours on day three.

If you want it wet and wild, try our grade 5+ packages. It's going to take you 2 days to reach this shine to extreme sport and you'll be spending a total of 10 days rafting some of the most memorable waters. That's a minimum of 4 hours a day on Kamali's white stuff!

Palms still not clammy? If you're strapped for time and want to cram the excitement into fewer days, we can offer you a two-day thrill! Taking on the grade 5 Bhothe Koshi, you'll again get to raft for at least 4 hours a day and test your wits.

River	Grade	Duration	Distance	Best Season
Trisuli	2/3	1/2 Days	38 km.	LateSep-MidDec, LateFeb-EarlyJuly
Seti	2/3	2 Days	35 km.	LateSep-MidDec, LateFeb-June
Bhothe Koshi	5	2 Days	20 km.	LateSep-MidDec, LateFeb-MidJune
Kali Gandaki	4+	3 Days	73 km.	LateSep-MidDec, LateFeb-EarlyJune
Marshyangdi	5+	5 Days	53 km.	LateSep-MidDec, LateFeb-EarlyJune
Sunkoshi	5+	9 Days	270 km.	LateSep-MidDec, LateFeb-EarlyJune
Kamali	5+	10 Days	178 km.	LateSep-MidDec, LateFeb-EarlyJune
Tamur	5+	11 Days	120 km.	LateSep-MidDec, LateFeb-EarlyJune



Jungle Safari

Chitwan National Park

One of the top destinations for visitors to Nepal. Chitwan is home to more than 46 species of rare wildlife including many endangered including the One-Horned Rhino, the Royal Bengal Tiger and Gangetic Crocodile.



Significant activities-

Elephant Back-ride Safari, Jeep Safari, Elephant Breeding Center Visit, Jungle Walk and Bird Watching, Canoeing, Village Tour, Cultural Program.

Bardia National Park

The largest and most undisturbed protected area in the Terai, the Bardia National Park is a perfect place to spot the endangered Gangetic Dolphin, elephant, swamp deer and a number of rare bird species including Bengal florican, silver-eared mesia and sarus crane.

Koshi Tappu Wildlife Reserve

If you're a serious 'birder', Koshi Tappu Wildlife Reserve is a must for your next visit to Nepal. A birdwatchers paradise, there are 439 different species of birdlife to spot including the rare and elusive birds.

We offer 2 nights, 3-day packages to these National Parks. Should you wish to stay longer to really soak up the atmosphere, we will tailor your trip accordingly.

Excursions

Kathmandu is host to 8 World Heritage Sites each with its own fascinating story. If you want to get to the heart of Nepal and find out about its heritage and culture we'll provide you with a knowledgeable guide who will bring these attractions to life.

Whether you choose to see a few or all 8 of these treasures, luxury transport will be used to ensure you reach them all comfortably. Experience has taught us that you'll need your energy to soak up and enjoy all of the stories you'll be told.

